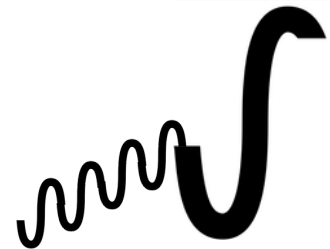


# \_\_\_\_\_ 's Story

(Your Name)

@ \_\_\_\_\_

(Date)



Challenges change us,  
... big challenges really change us.

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## 1. The Brutal Facts:



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## 2. Sources of Confidence:



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## 3. Why I Count:



4. Reasons for Optimism:  
.....



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5. Every Day Opportunities to Sustain My Story:  
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6. Promises:  
.....

